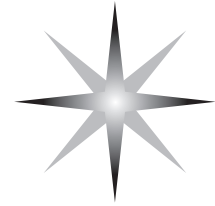


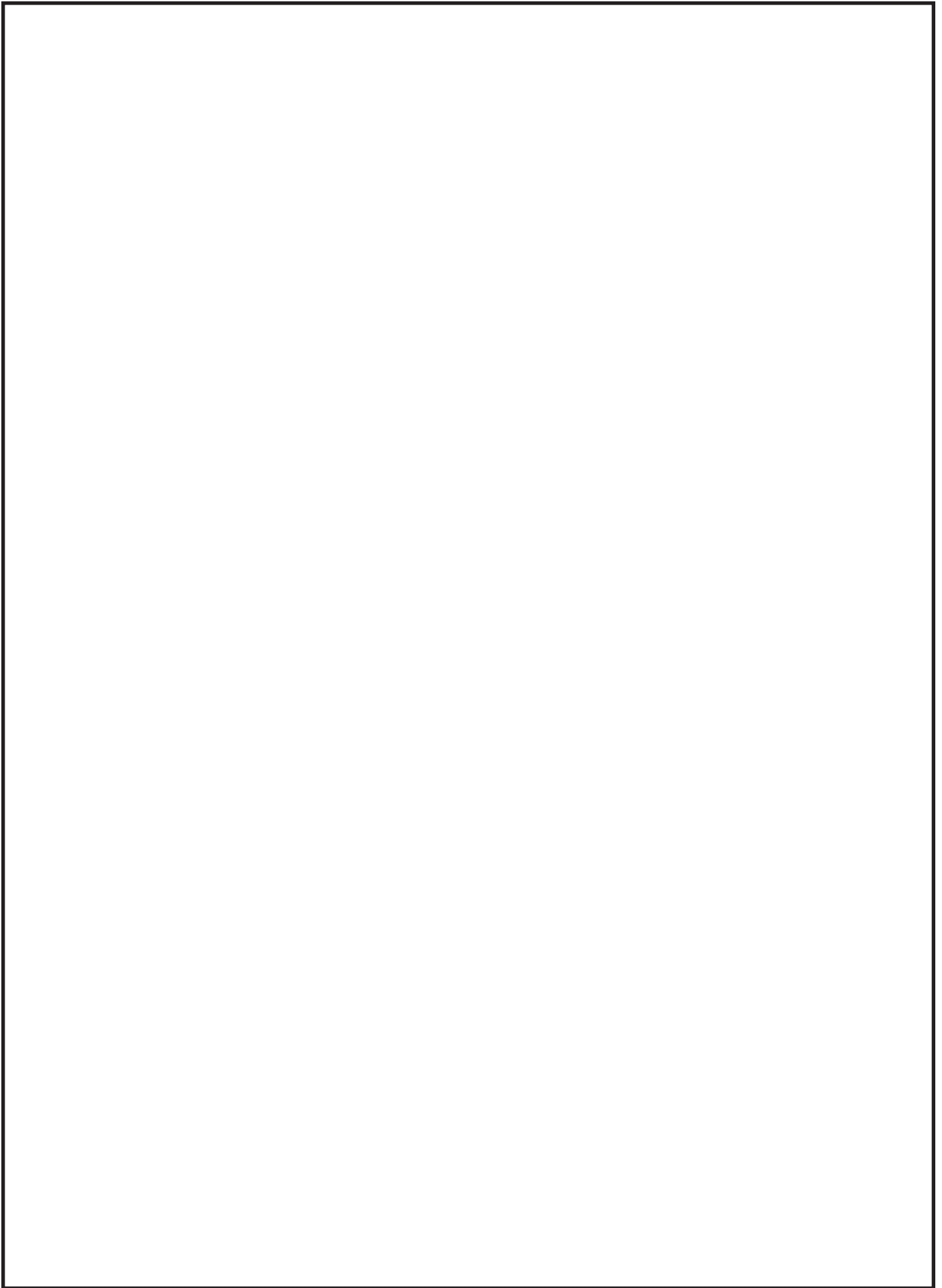
# **ENVIRONMENTAL FOOD FOR THOUGHT**



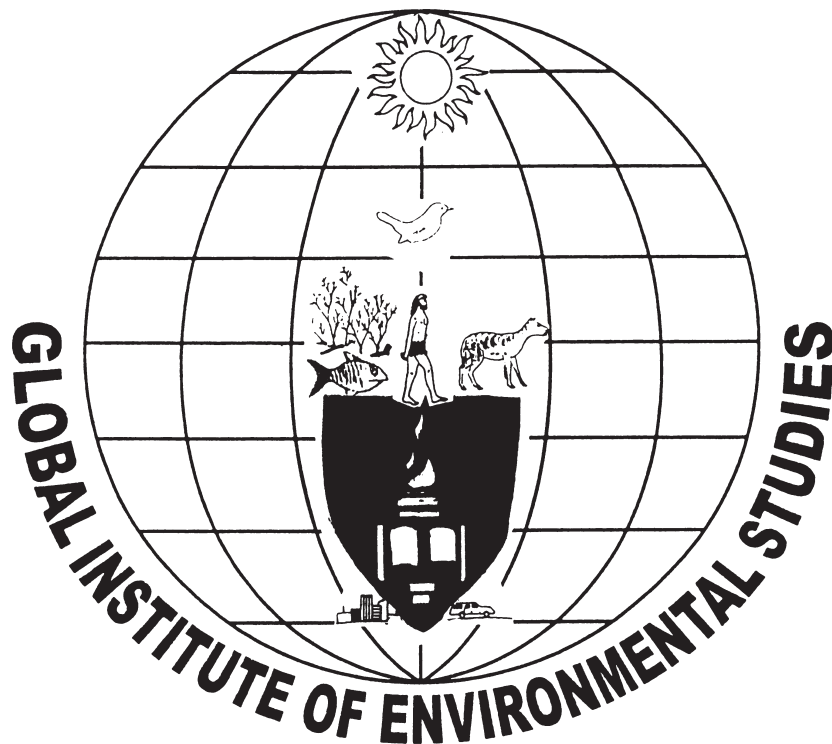
**Reflections  
on the  
stewardship  
of our  
environment  
to include  
man's  
relationship  
with the use  
of land, air,  
water and  
the sun.**

---

**ELIAS I.K. QUIST**



The logo of GIES depicts the globe with the sun at the top as the main source of energy. At the center is a man as the number one destroyer of other living things and the environment. Below the man is a shield with an opened book and an academic flame. Outside the bottom of the shield are industries and a vehicle as pollutants.



The Seal of The Global Institute of Environmental Studies features the sun, land, water and air within a symbolic globe. These symbols signify to us the foundation of the eco-system and our lives. Studying the features of the Seal, in detail, leads us into the many realms of living.

**For the sake of mankind,  
men must learn to work and  
dialogue together for sustainability.**

**It's not capitalism or imperialism  
neither it is socialism nor  
something else with religion  
or culture and race;  
but it's schism and greed  
with ignorance guided by  
hatred that is the problem  
in protecting our environment.**

**Think and think harder  
about the earth  
you would leave for your children.  
It's all about land, air, water  
and maybe the sun energy.  
Everyone needs them.**

**— Elias Quist**

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**LEARNING  
OCCURS IN  
DIALOGUE**

### **ON THE COVER**

A photo of woodcarving  
from the Rep. of Benin,  
Cotonou, West Africa  
depicting “ L’homme pensif”  
“A thoughtful man” has his  
chin in one of his hands  
with elbow resting on his  
knee... suggesting the  
faith of our environment  
is in our own hands.

*Photo by: Deodat M. Tossou*

## **INTRODUCTION**

It is our pleasure to introduce the Global Institute of Environmental Studies (GIES) to you and your establishment.

We have observed that your firm is one of the most successful businesses in this country and could be instrumental in educating people on protecting our environment, the earth.

The aim of GIES is to promote a simple “protection awareness” in the living quarters of the earth. We are convinced that with your help through billboards, flyers, radio/TV spots and school, the general public could be reached with our essential inspirational messages on saving the earth.

GIES has designed the posters for enlargement to any size. The messages are written in simple English language to stimulate every audience on their daily activities to help with the well being of the earth.

We sincerely hope you make good use of the messages by introducing them to your entire work force. You may re-write or select some of them for display or daily posting in the hallways of your office building or stores for the benefit of everyone. Hold dialogue or discussions and debates about what the messages meant to our environment; and then, talk to other people.

It is therefore our utmost desire to turn your love for business and mankind into a genuinely worthwhile, unique opportunity to help protect and save the environment where you and others live or work.

## **PREFACE**

This manual is designed to supplement courses in environmental studies and interrelated topics. The posters within the manual can be used to provide an environmental focus in a single or general purpose. The manual has been written for use during any occasion such as formal debate or discussion and dialogue sessions. Also, it can be used for homework or exercises in a classroom setting. The contents of the manual have been selected, carefully, to provide a comprehensive dialogue in environmental studies to cover our Land, Air, Water and the Sunlight (LAWS). Nonetheless, most of the posters are useful in other disciplines that deal with natural resources, geography, human behavior or lifestyles and many interdisciplinary courses on global environmental changes. We hope this manual will meet and enhance the mental needs of most students, teachers, and other professionals to encourage dialogue and debate in environmental studies

### **Learning and Teaching Approaches**

Teaching and learning are done best in a hands-on, problem-solving, dialogue and inquiry-based mode. This approach will give everyone the opportunity to think or investigate significant amounts of additional updated materials based on his or her experience, knowledge and conversations with family members, friends and colleagues or classmates.

### **Expectations**

The environment is a dynamic living earth; as a result, we expect everyone living on earth to keep up on current issues about the environment. Many of the subjects in the posters cover personal, local, national, international, values, ethics, moral, lifestyles, and many more. We therefore, expect everyone to use the posters in informal discussions of any kind to seek out useful and additional sources of information when they are used for home or class work. By this, we mean, students will develop skills to learn to dialogue and know that there are many numerous different angles to approach environmental problems as there are no clear-cut solutions when it comes to dealing with humans.

### **The Importance of the Posters**

The aim of the posters in the book is to encourage students' dialogue and learning. Climate change and the degradation of our environment are due to many varieties of factors: consumption, urbanization, population growth, industrialization, transportation, lack of environmental education, careless land use and lifestyles. Through some of the posters, we would think and understand the selfish, ugly human impact on the earth and ecosystems to find solutions to for pollution, sustainable resources, public transports, chemical hazards, sprawling and city planning. This is the reason why we have included a list of sub disciplines (topics) of environmental studies at the end of the booklet.

### **Format**

The posters are arranged in no sequence or of any priority in topics. Nevertheless, they are suitable for any type of discussion and dialogue. They provide an overview of the basics of environmental issues leading to improve understanding in human interaction with the earth's ecosystems. With regards to using the posters for homework, exercise, students could be allowed to work individually, or in teams to make discussions interesting, inclusive and diversified.

### **The Challenge**

Environmental studies must be an ongoing process that must guide us to survive on earth as we make right choices to protect and conserve the natural resources as a result of our human activities. We therefore believe that the posters in this manual will help everyone develop a brand new sense of understanding and responsibility towards the ecosystems. As we think about global environmental assessment, impact prevention, consumption, supply and demand, comments on these posters can be used as hand-in assignments in schools or basis for formulating essay topics.

### **Acknowledgments**

We thank everyone who has helped us in the development of this manual as many of the posters are based on interviews and discussions we had with people. We sincerely appreciate their candid openness and we are also indebted to them for their time, criticisms, advice, suggestions and corrections. Finally, we are grateful and thank our families for their adamant support throughout the compilation of this manual.



## The “DAILY ENVIRONMENTAL FOOD FOR THOUGHT”

The connections between the environment and humans are very important to all of us; and, this is of no coincidence to our survival. Global Warming or Climate Change has prompted the compilation of the “Daily Environmental Food for Thought.”

Over the years, to compile these thoughts, Elias Quist, founder of the Global Institute of Environmental Studies, (GIES) interviewed many ordinary people, held discussions with students, met with teachers, politicians and many scholars of diverse disciplines who have good or better knowledge about land, air, water, sunlight and our ecosystems.

The booklet is a collection of sayings or thoughts that could be turned into post-cards, posters, greeting cards, or anything that could help disseminate some needed environmental education. It is also interesting to mention that these thoughts are nothing new. You might have heard them before and this is a reminder for helping the earth rejuvenate.

The contents of the booklet are not arranged into sections or sequence as seen in our acronym, “LAWS” (Land, Air, Water, Sunlight); but, put in order randomly, to portray the multi complex relationships we have with our eco-systems. Most people find it difficult to understand what climate change is all about. They are innocently ignorant of the facts and fail to visualize the problems the earth and the people of the world will have sooner or later.

It is therefore our hope that with these soul-searching reflections, man will have an insight into his everyday lifestyle to reduce the degradation impact on the earth.

Thanks for your time and attention.

**William Adjaho**

*Vice-President, GIES*

**Go  
GREEN  
FOR THE EARTH**

**PLANT  
A  
TREE**

**IF  
YOU  
LOVE  
YOUR  
COUNTRY**



**Join us in  
Environmental Education...**

**All designed to help  
protect the  
Earth  
and Ourselves.**

## Invitation

### BILLBOARD EDUCATION PROJECT

You are invited to support or sponsor a billboard in the city of Chicago to help with public awareness in environmental education as a means of fighting global warming.

It is our belief, at GIES, that through a well organized public environmental education, at all fronts, man can deal with climate change unless we are not the cause. Over the years, we have been uneducated about the facts, but now, most of us know how seriously the earth is sick. We have seen floods or severe droughts with uncontrolled population growth all over the world. I will guess that without your support, sooner or later, nature with everything will perish.

Imagine the impact environmental education will have on everybody if we can put up a few hundred billboards all over the city of Chicago and worldwide, reminding our children of our responsibilities in keeping a safe and healthy environment. In sponsoring a billboard, you will help make our city a better “classroom” and a more congenial place for tourists and visitors to talk about as a unique environmental educational method.

Through extensive surveys and field investigations, researchers stated that these billboards would convey to the public short and accurate messages of inspiration when placed at strategic places within the city and its environs. The distinctive billboards may be reasonable in cost and will last longer than flyers, Radio/TV spots and newspaper ads.

We hope that when you read through our “Daily Environmental Food for thought” you will realize what GIES means by an education that will touch responsive chords in the people we need and are supposed to serve as well.

Pretend as if the below sample billboard stands at the entrance of a recreation park where a lot of visitors pass every now and then. Do you imagine the impact on the public?

Sample of Billboard

**Yesterday was beautiful  
But burnt out and gone.  
Today is burning and  
vanishing.  
What are we doing right  
Or wrong about tomorrow?**

Sponsored by:  
(Company name or Logo)  
Your Name

Promoter:  
Global Institute of  
Environmental Studies (GIES)

Please, read our messages and make your choice. Remember that you are not the only one who is being asked to sponsor the billboard education; so, do not keep yourself out. Join us and be part of the first educators to prove that you are concerned about your city.

The billboard of 5 X 10 feet in size, or a standard size, will bear your name/logo/trade mark/family name as the sponsor and our name as the promoter (see example above). You would have to identify the location where to place the billboard or leave the location selection with the city corporation. The most important part of the whole idea is not the publicity of your company but how serious your firm is about doing something positive about global warming. It is also good to come up with your own message; and remember to carry our name too (GIES), provided you do not say anything contrary to our teachings and then notify our office.

The billboard education is a serious venture of our institute. We beg to mention that we need your assistance, now, to promote our vital and needed environmental education campaign globally to reduce global warming. GIES has many ideas and is ready to tell people what climate change is all about. This project is to cover other cities in the world and most importantly, the developing countries that must be taught conservation and protection of the environment. We are all living in one world. Whatever affects the oceans and the forests of poor nations also affects the great US, Europe, China and every continent.

Our interest is to educate the public and the world. We invite you to go ahead and contact a printer of billboards and do your best; or call on us and we can help you.

On the other hand, if for any reason, you cannot sponsor a billboard, we would be very appreciative, if you would send GIES any contribution, whatsoever, to cover some of our expenses for other instructional material. Any donation will help greatly towards our 2008 seminar in Western Africa. Your participation is tax-deductible, 501(c)(3).

We hope to hear from you favorably as we shall depend on your kindness to educate the world on global warming.

Respectfully Submitted,

Regards.

E.Quist  
President, GIES

2007

*To my  
Mother, Father, Wife, Children,  
Sisters, Brothers, Teachers, Friends  
and  
All who worked on my father's farm  
with their bare hands and feet  
in the rain and sunlight.*

**ELECT AND SUPPORT  
REPRESENTATIVES WHO  
GIVE HIGH PRIORITY TO  
THE WELL BEING OF  
THE EARTH.**

[WWW.GIESSEMINARS.ORG](http://WWW.GIESSEMINARS.ORG)

1

**ONE  
YARD OF CLOTH  
CAN MAKE A NICE BIG  
STRING-SHOPPING BAG.  
JUST WASH AND RE-USE IT.**

[WWW.GIESSEMINARS.ORG](http://WWW.GIESSEMINARS.ORG)

2

**AVOID PRODUCTS  
PACKED IN PLASTICS  
FOAMS (CFSS). SUCH  
PRODUCTS HARM THE  
OZONE LAYER.**

[WWW.GIESSEMINARS.ORG](http://WWW.GIESSEMINARS.ORG)

3

**AVOID THE USE OF  
"DISPOSABLE" ITEMS.  
BUY THINGS THAT YOU  
CAN USE AND RE-USE.**

[WWW.GIESSEMINARS.ORG](http://WWW.GIESSEMINARS.ORG)

4

**DON'T LITTER. PICK UP  
PLASTIC RINGS AND  
OTHER ITEMS THAT CAN  
TRAP ANIMALS, BIRDS,  
FISH AND OTHER SEA  
CREATURES.**

[WWW.GESSEMINARS.ORG](http://WWW.GESSEMINARS.ORG)

5

**ABOUT 40% OF WHAT  
IS THROWN AWAY IS  
RE-USEABLE OR  
RECYCLABLE.**

[WWW.GESSEMINARS.ORG](http://WWW.GESSEMINARS.ORG)

6

**AMERICA GENERATES  
MORE GARBAGE THAN  
ANY OTHER NATION  
ON EARTH.  
BE MINDFUL OF WHAT  
YOU BUY OR USE.**

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7

**AVOID SENDING  
YOUR YARD WASTE  
TO THE LANDFILL.**

[WWW.GESSEMINARS.ORG](http://WWW.GESSEMINARS.ORG)

8

**AVOID USING POWER-CHAIN  
SAWS AND BULLDOZERS  
IN THE TROPICAL FORESTS.**

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9

**PLANT TREES  
TO PREVENT  
SOIL EROSION.**

[WWW.GIESSEMINARS.ORG](http://WWW.GIESSEMINARS.ORG)

10

**TURN OFF ALL LIGHTS  
EVERYWHERE WHEN  
NOT IN USE.**

[WWW.GIESSEMINARS.ORG](http://WWW.GIESSEMINARS.ORG)

11

**BUY EGGS AND MILK IN  
RECYCLED PLASTIC TO  
SAVE TREES.**

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12



**USE CEDAR CHIPS  
INSTEAD OF  
MOTHBALLS.**

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13

**DEAD LEAVES AND  
YARD WASTE MAKE  
GOOD COMPOST;  
DON'T ADD CHEMICALS.**

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14

**USE PUBLIC  
TRANSPORTATION  
AS OFTEN AS POSSIBLE.**

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15

**IT'S BETTER TO  
AIR-DRY LAUNDRY  
WHEN IT IS POSSIBLE.  
AVOID USING LAUNDRY  
MACHINES.**

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16

**USE RAGS, SPONGES, BRUSHES  
AND CLOTH NAPKINS  
INSTEAD OF PAPER TOWELS.**

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17

**ENVIRONMENTAL PROTECTION  
IS BASED ON:**

**TIME**

**MONEY**

**DIALOGUE**

**EDUCATION**

**FACILITATION**

**INFORMATION**

**PARTICIPATION**

**UNDERSTANDING**

**COMMUNICATION**

**RECONCILIATION**

**And in fact E V E R Y T H I N G we do**

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18

**USE HAND-OPERATED  
TOOLS AND APPLIANCES  
AND SAVE ELECTRICITY.**

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19

**BUY ORGANICALLY GROWN  
PRODUCE FROM LOCAL  
FARM MARKETS.**

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20

**CARS WITH TINTED  
GLASS ARE FRIENDLIER  
TO THE ENVIRONMENT  
THAN CARS WITH  
AIR CONDITIONING.**

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21

**TAKE USED TIRES TO THE SAME  
STORE WHERE YOU BOUGHT  
THEM. DON'T SEND THEM TO  
LAND FILLS.**

[WWW.GESSEMINARS.ORG](http://WWW.GESSEMINARS.ORG)

22

**WATER POLLUTION DOES  
SERIOUS DAMAGE TO THE  
ECONOMY AND TOURISM  
OF ANY COUNTRY.**

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23

**WATER IS EXPENSIVE.  
REPAIR ALL DRIPS AND LEAKS  
AS SOON AS THEY OCCUR.**

[WWW.GESSEMINARS.ORG](http://WWW.GESSEMINARS.ORG)

24

**DYED PAPER PRODUCTS  
POLLUTE. BUY WHITE PAPER  
TISSUES, NAPKINS AND  
TOWELS.**

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25

**USE A BIKE OR WALK SHORT  
DISTANCES INSTEAD OF  
USING CARS.**

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26

**CAR TIRES INFLATED TO  
THE PROPER PRESSURE  
IMPROVE FUEL ECONOMY.**

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27

**BUY ELECTRIC  
EFFICIENT  
APPLIANCES.**

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28

**USE  
RECHARGEABLE  
BATTERIES.**

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29

**JOIN AND SUPPORT  
CONSERVATION GROUPS  
OF YOUR CHOICE.**

[WWW.GJESSEMINARS.ORG](http://WWW.GJESSEMINARS.ORG)

30

**ALL ENVIRONMENTAL  
DISASTERS BRING  
PAIN, LEARNING,  
EMPATHY, TOLERANCE,  
FRIENDSHIP, FAMILY REUNION,  
COMPASSION AND INTERMENT.  
CHANGES IN LIFESTYLES,  
RECONSTRUCTIONS AND  
RELOCATIONS FOLLOW.**

**DIALOGUE:**

**CAN YOU BECOME A REFUGEE IN  
YOUR OWN COUNTRY?**

[WWW.GJESSEMINARS.ORG](http://WWW.GJESSEMINARS.ORG)

31

**ORGANIC GARDENS PROVIDE  
LESS CONTAMINATED  
PRODUCTS.**

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32

**USE BAKING SODA OR  
VINEGAR AND WATER  
AS A CLEANER; IT IS  
SAFER THAN USING  
AMMONIA-BASED  
CLEANERS.**

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33

**FIND WAYS AND MEANS  
TO AVOID ENERGY WASTE IN  
YOUR HOMES AND OFFICES.**

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34

**EDUCATE YOUR FAMILY,  
NEIGHBORS AND FRIENDS  
ABOUT THE IMPORTANCE  
OF THE ECO-SYSTEMS  
AND OUR LIVES.**

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35

**ENVIRONMENTAL EDUCATION  
MUST PRECEDE ANY OTHER  
EDUCATION.  
WHAT CAN WE DO WITHOUT  
WATER AND AIR?**

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36

**NATURAL FLOWER SCENTS  
ARE BETTER AND REMAIN  
FOREVER LONGER. THEY  
ARE ENJOYED BY FLIES,  
BIRDS AND ATTRACT A  
LOT MORE ANIMALS.**

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37

**THINKING AND LISTENING ARE  
INVISIBLE PERFORMANCES.  
THEY ARE GOOD FOR  
YOUR SUCCESS.**

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38

**WE DON'T LEARN ALL WE KNOW  
FROM OTHERS. SOMETIMES,  
OUR REACTION IS WHAT  
OUR ENVIRONMENT IS.**

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39

**PAY MORE ATTENTION TO YOUR  
ENVIRONMENT THAN YOU DID  
YESTERDAY; BE THOUGHTFUL  
ABOUT THE QUALITY OF THE AIR,  
WATER AND THE FOOD YOU EAT.**

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40

**DON'T WASTE YOUR TIME  
WITH WRINKLES.  
THEY ARE REFLECTIONS  
OF WISDOM.**

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41

**FACIAL WRINKLES ARE A  
REALITY. WHAT YOU THINK  
THEY ARE, IS REALLY NOT  
WHAT MATTERS. YOU'LL DIE  
WITH THEM. RATHER, WATER  
AND PADDING THEM WITH  
SHEA BUTTER MUST BE  
YOUR TROUBLE.**

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42

**REMEMBER YOUR PAST  
MISTAKES AND OBSTACLES  
TO BUILD YOUR FUTURE  
WITH PERSEVERENCE,  
SIMPLICITY AND PATIENCE.**

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43

**ENVIRONMENTAL PROBLEMS,  
MISTAKES AND OBSTACLES  
VANISH ONCE THEY ARE  
SOLVED BUT REAPPEAR  
IN FUTURE. THEY ARE  
LIKE TULIPS.**

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44



**KEEP LIFE SIMPLE**

**YOUR NEEDS ARE:**

- SOLAR ENERGY
- CLEAN WATER
- ORGANIC FOOD
- FRESH AIR
- WALKING
- LOVE / FORGIVENESS
- A GOOD NIGHT'S SLEEP

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45

**THE BASIC PRIORITY IN  
ENVIRONMENTAL PROTECTION  
IS TO ESTABLISH A SOUND  
GOVERNMENTAL AUTHORITY,  
PROVIDE JUSTICE, PROTECT  
HUMAN RIGHTS AND FIND  
BASIC NEEDS FOR SHELTER  
AND FOOD.**

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46

**BIRDS, INSECTS, ANIMALS  
AND OTHER VANISHING  
SPECIES ARE IMPORTANT  
TO OUR ECO- SYSTEMS.  
THEY CROSS- POLLINATE PLANTS  
AND HELP DISPERSE SEEDS  
FOR FOOD REPRODUCTION  
CIRCLES.**

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47

**YESTERDAY WAS  
BEAUTIFUL BUT  
BURNED OUT.  
  
TODAY IS BURNING  
AND VANISHING.  
  
WHAT ARE WE DOING  
WRONG OR RIGHT  
FOR TOMORROW?**

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48

**OF ALL OUR INVENTIONS  
AND CREATIONS OF GOD,  
THE MOST VALUABLE ONE  
IS THE ENVIRONMENT  
(LAND, AIR, WATER, AND  
SUNLIGHT.) NOTHING GROWS  
WITHOUT THEM.**

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49

**THE REAL PURPOSE OF  
ENVIRONMENTAL EDUCATION  
IS TO GET YOU AND EVERYONE  
THINKING ABOUT OUR  
SURVIVAL ON EARTH.  
  
ARE YOU THINKING?**

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50

**IN THE LONG RUN, WE  
ONLY REAP WHAT WE  
SOW; WHEN THERE IS NO  
MORE LAND, AIR, WATER,  
WE REAP NOTHING.**

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51

**BE KIND TO THE EARTH**

- \* RECYCLE**
- \* RE-USE**
- \* REFUSE**
- \* REDUCE**

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52

**PLEASE,  
GO GREEN FOR THE EARTH;  
PLANT A TREE IF YOU LOVE  
YOUR COUNTRY.**

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53

**THE ENVIRONMENT WILL TAKE  
CARE OF ITSELF IF WE CAN  
CONTROL WORLD POPULATION  
GROWTH; AND, WE SHALL ALL  
HAVE JOBS.**

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54

**NOTHING IS WORTH  
MORE THAN OUR "LAWS"**

- \* LAND**
- \* AIR**
- \* WATER**
- \* SUN**

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55

**CORPORATE TAXES MAY  
PROVE  
BETTER SUBSIDIES**

**MANUFACTURERS AND PRODUCT  
SERVICE CENTRES MUST TAKE BACK  
WASTE FROM WHAT THEY PRODUCE  
AND SELL.**

**RESPONSIBILITY  
ACCOUNTABILITY  
TRANSPARENCY**

**ARE GOOD FOR THE ENVIRONMENT.**

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56

**WAYS TO DEAL WITH SOLID WASTE**

**RECYCLE AND COMPOST AS MUCH  
WASTE AS YOU CAN.**

**REDUCE WASTE BY PREVENTING  
AND CREATING LESS.**

**TREAT AS MUCH TO REDUCE  
WASTE VOLUME.**

**LANDFILL MUST NOT BE THE  
LAST OPTION.**

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57

**UNTREATED SEWAGE CAUSES  
WATER POLLUTION.**

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**WASTES FROM FACTORIES  
AND PETROLEUM REFINERIES  
WHEN DUMPED INTO SEWAGE  
SYSTEMS OR RIVERS AND  
OCEANS ALSO KILL OUR  
ECO-SYSTEMS.**

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**NEVER POUR OIL  
AND GASOLINE INTO  
ANY SEWER SYSTEM.**

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**WATER IS THE MOST CRITICAL  
ISSUE FACING THE WORLD TODAY.**

- WE DRINK IT AND USE IT  
- FOR OUR BODY HYGIENE.**
- AGRICULTURE AND FOOD  
PROCESSING.**
- MUNICIPAL USES**
- NO WATER NO FLOWERS**
- NO SEA TRANSPORTATION.**

**Prediction:  
Sooner or later a gallon of water will  
cost more than a gallon of gasoline.  
Would you take a shower or bath?**

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**THE SUN SHINES FOR  
EVERYBODY AND NO  
ONE OWNS IT.  
NO NATION ACTING ALONE  
CAN AVOID OR ENFORCE  
CLIMATE CHANGE.**

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**ONE WORLD, ONE ENVIRONMENT**

**A COMMUNITY THAT THINKS  
ABOUT ITS DEVELOPMENT  
MUST PAY CAREFUL  
ATTENTION TO THE ISSUES  
THAT CONNECT THE LOCAL  
AND REGIONAL WITH  
THE GLOBAL.**

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**ENVIRONMENTAL PROBLEMS  
HAVE NO BORDERS. THEY  
HAVE NO NEEDS FOR  
PASSPORTS AND VISAS.  
THE WORLD IS LINKED  
TOGETHER BY THE WINDS  
AND THE OCEANS.**

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## **GLOBALIZATION AND TRANSPARENCY**

**THE INEQUALITIES AND  
IMBALANCES OF POWER OR  
CORRUPTION AMONG GREAT,  
WEALTHY NATIONS AND POOR COUNTRIES  
VIRTUALLY MUST ENCOURAGE DIALOGUE  
OR NEGOTIATION IN CONFLICTS,  
EXTRACTION, PROCESSING, TRADE,  
CURRENCY, PRODUCTS, IMMIGRATION  
AND DISPOSAL OF INDUSTRIAL WASTES.**

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## **SUSTAINABLE GLOBAL ENVIRONMENT**

**IF WE ARE TO SUCCEED IN BUILDING A GLOBAL  
SUSTAINABLE WORLD, POLITICIANS MUST  
DO WHAT THEY HAVE BEEN UNABLE OR  
UNWILLING TO DO.**

- \* PROMOTE GLOBAL ENVIRONMENTAL  
EDUCATION.**
- \* REMOVE MOST TRADE BARRIERS.**
- \* STOP ARM SUPPLIES TO DEVELOPING  
COUNTRIES.**
- \* COME UP WITH FAIR TRADE POLICIES AND  
A SINGLE GLOBAL-CURRENCY FOR THE  
WORLD.**

*Do you know how many people were  
killed in Ivory Coast, recently, as a  
result of Toxic-Waste (DUMP)?*

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66

**THE TRANSITION TO SOLAR  
ENERGY MUST START NOW,  
AT THE LEVEL OF SCHOOLS,  
CHURCHES, HOUSEHOLDS  
IN EVERY NATION.**

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**COMMUNITY LEADERS: BE  
RESPONSIBLE AND MINDFUL  
ABOUT THE GARBAGE YOUR  
COMMUNITIES CREATE.**

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**LIFE GOES ON, BUT NOT IN  
THE ABSENCE OF AIR AND  
WATER. YOU CAN GIVE UP  
EVERYTHING BUT NOT AIR  
AND WATER.**

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**THE SPIRIT OF LIVING  
FLOURISHES AROUND LAND,  
AIR, WATER, AND THE SUNLIGHT.**

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**HAPPINESS COMES FROM LAND,  
AIR, WATER AND SUNLIGHT.  
OR ELSE, YOU ARE NOT LIVING  
ON EARTH.**

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**OUR SOUL AND MIND LIVE  
IN WATER. 75% OF OUR  
BODY IS WATER.**

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72

**WE INHERITED LAND, AIR,  
WATER AND SUNLIGHT.  
WHY DESTROY THEM NOW?  
CHANGE YOUR LIFESTYLES.**

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**THE SUNLIGHT IS THE BEST  
EFFECTIVE DISINFECTANT  
IN THE WORLD.  
MAKE GOOD USE OF IT.**

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**WITH SOLAR ENERGY, NO  
ONE DESERVES SPECIAL  
TREATMENT; IT SHINES FOR  
THE WHOLE WORLD.  
USE AS MUCH AS YOU CAN.**

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**WHEN OUR ENVIRONMENT  
IS SICK AND VANISHING,  
OUR VALUES, CULTURES  
AND LIFESTYLES ARE  
INCREASINGLY ERODING.**

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**CLIMATE CHANGE  
COULD BE THE FINISHING  
STROKE TRIGGERING  
WORLDWIDE EXTINCTION OF  
SPECIES SIMILAR OR CLOSE TO  
THAT OF 65 MILLION YEARS AGO  
WHEN AN ASTEROID STRUCK  
THE EARTH.**

**DIALOGUE:**

Can humans become extinct  
like the dinosaurs?

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**HUMANS HAVE ALREADY USED  
UP MORE THAN HALF OF THE  
PLANET'S LANDS.**

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**SUBSIDIES ARE JUSTIFIED  
TO STIMULATE ECONOMIC  
DEVELOPMENT, PROTECT JOBS,  
ENHANCE NATIONAL SECURITY,  
HELP THE POOR AND IMPROVE  
OUR ENVIRONMENT.**

**DIALOGUE:**

In practice, do  
subsidies always work  
for the environment?

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**TRANSFER OF GRAZING RIGHTS  
FROM TRADITIONAL POOR  
OWNERS TO COMMERCIAL  
INTERESTS INCREASES TAXES  
ON INVESTMENT, WORK AND  
GLOBAL CONSUMPTION.**

**DIALOGUE:**

Is the above practice  
good or bad for the  
environment?

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**SUBSIDY RECIPIENTS MAY  
BECOME SKILLFUL IN  
REGISTERING REFORMS,  
EXPLOITING POLITICAL  
INFLUENCE, ADEPT AT  
NEPOTISM AND CORRUPTION.**

**DIALOGUE:**

Are subsidies and campaign contributions designed for kick backs (bribes). Do they help or degrade the environment?

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**DO SUBSIDIES PROMOTE AND  
CONTRIBUTE TO PROBLEMS  
RANGING FROM LAND, AIR,  
WATER POLLUTION TO  
DEFORESTATION?**

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**JAPAN, GERMANY, AND MANY  
INDUSTRIAL COUNTRIES  
SUBSIDIZE LOCAL COAL  
PRODUCTION, WHICH POLLUTES  
THE ENVIRONMENT; BUT, DO  
BENEFITS OFTEN END UP IN  
INVESTORS' POCKETS?**

**DIALOGUE:**

What do the environment and taxpayers get from government subsidies?

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- ARE SUBSIDIES INEFFECTIVE, INEFFICIENT, OBSOLETE AND SELF-DEFEATING?
- DO GOVERNMENTS NEED NEW COMPREHENSIVE REFORMS TO MAKE SUBSIDIES COST EFFECTIVE?
- DO WE VOTE FOR TAX CUTS TO ENCOURAGE OWNERSHIP OF OUR ENVIRONMENT?
- DO WE SHIFT FROM MASS PRODUCTION TO LABOR INTENSIVE INDUSTRIES?

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**DID THE IDAHO BILLIONAIRE,  
J.R. SIMPLOT, BUILD HIS FORTUNE  
BY USING SUBSIDIZED WATER  
FROM THE COLUMBIA RIVER TO  
TURN ARID LANDS INTO HUGE  
POTATO PLANTATIONS WHICH  
SUPPLY FIRMS LIKE  
MC DONALD'S?**

**DIALOGUE:**

Can you do the cost  
benefits analyses?

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**SUBSIDY**

**ANY MONETARY GRANT THAT  
IS CONTRIBUTED BY A STATE  
TO KEEP PRICES AT DESIRED  
LEVEL. IT ULTIMATELY COMES  
FROM CONSUMERS AND OUT OF  
THE POCKETS OF TAX PAYERS.**

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**POLLUTION DOES NOT  
DISCRIMINATE. NEW POLICIES  
ARE HONESTLY NEEDED TO LEVEL  
THE ECONOMIC ENVIRONMENTAL  
PLAYING FIELD OF CONSUMPTION  
AND PRODUCTION.**

**DIALOGUE:**

Acid rain or smog harms other  
people's property and their health.  
Governments must protect the environment,  
be indispensable to the unborn and posterity.

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**WATER, WHEN SHARED WITH  
OTHERS, INCREASES  
FRIENDSHIP AND LOVE.  
GASOLINE, WHEN SHARED WITH  
THE WORLD, POLLUTES AND  
BRINGS WARS.**

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**IN THE SAHEL REGION,  
SUB-SAHARA, DROUGHT IS  
OFTEN ONLY ONE SEASON  
AWAY FROM STARVATION.**

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**THE PRIDE OF OUR FIRE BRIGADE  
IS IN THE SUPPLY OF WATER;  
AND ONLY THE TEST OF THE  
WATER-HOSE MAKES THE  
FIREMAN STRONG, BRAVE  
AND A HERO.**

**WHO IS HE WITHOUT WATER?**

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90

**MUST PROTECTION OF NATURE,  
RESOURCE USE,  
JOB PROTECTION,  
SOCIAL CONCERNS,  
PROFIT GENERATION,  
ELECTIONS AND VOTES,  
AND CORRUPTION  
BE CONSIDERED**

**ETHICAL OR LEGAL?**

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**THE GLOBAL POPULATION IS  
OUR PROBLEM.  
WHAT MAY BE SEEN, INITIALLY,  
AS ISOLATED OR UNRELATED  
ARE REALLY INTERTWINED  
IN A WAY THAT AFFECT THE  
WHOLE WORLD.**

**DIALOGUE:**

Do air pollutants produced in European factories drift across borders into Africa?  
Is there the same problem between the United States and Canada?

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**THE ENVIRONMENT AND  
INTERDISCIPLINARY  
AREAS OF DIALOGUE**

**.LAWS**

**.POLITICS**

**.BIOLOGY**

**.SOCIOLOGY**

**.ECONOMICS**

**.AGRICULTURE**

**.CHEMISTRY**

**.PHYSICS**

**.PHILOSOPHY**

**.COMPUTERS**

**.ENGINEERING**

**.EARTH SCIENCE**

**ENVIRONMENTAL STUDIES WITH EARTH  
SCIENCES INVOLVE EVERYTHING WE DO  
IN OUR COMMUNITIES. EVERY ONE OF US  
NEEDS LAND, AIR, WATER, AND SUNLIGHT.**

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**SUNLIGHT AFFECTS WEATHER,  
WEATHER REACTS ON PLANTS,  
PLANTS FEED PEOPLE AND ANIMALS,  
ANIMALS SPREAD SEEDS,  
SEEDS GROW INTO TREES (PLANTS),  
TREES EVAPORATE WATER,  
WATER FALLS BACK AS RAIN,  
WHILE HUMAN ACTIVITIES AFFECT  
OUR ENVIRONMENT.**

**DIALOGUE:**

What is the most useful  
Source of energy?  
A. Sunlight or man made energy?  
B. What has technology contributed  
to our environment?

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**HUMANS MUST BE HELD  
ACCOUNTABLE FOR THE DAMAGE  
THEY CAUSE TO THE EARTH.  
WHEN WE HURT OR HARM OTHER  
PEOPLE AND THEIR BELONGINGS  
THE LAW HOLDS US RESPONSIBLE.**

**DIALOGUE:**

Is it for the manufacturer  
or the consumer to clean  
the environment?

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**IT MAKES NO GOOD SENSE  
FOR THE COMMUNITIES OR TAX  
PAYERS TO SUBSIDIZE THE  
POLLUTER. UNTIL WE STOP  
PAYING THE POLLUTER,  
THE ENVIRONMENT  
WILL NOT HEAL.**

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96

**COULD THE NEXT RENEWABLE  
FUEL COME FROM LOCAL  
HOMEGROWN INGREDIENTS  
LIKE SUGAR, CORN, WHEAT?  
THAT COULD LOWER GREENHOUSE  
GAS EMISSIONS AND REDUCE OUR  
DEPENDENCY ON FOREIGN OIL.**

**DIALOGUE:**

Will fuel from sugar,  
corn, wheat improve  
world agriculture markets?

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97

**SAVING WATER WON'T MATTER  
TODAY, SINCE WE HAVE IT IN  
ABUNDANCE; BUT WILL IT  
ALWAYS BE AVAILABLE FOR  
US TOMORROW?**

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**IF YOU THINK YOU CAN LIVE  
WITHOUT WATER, GO AHEAD  
AND MOVE TO THE  
MOON OR MARS.**

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99

**TROPICAL RAINFOREST  
DESTRUCTION IS AN  
ENVIRONMENTAL SETBACK.  
THE VALDEZ OIL SPILL AND  
GENOCIDE IN WARS ARE  
ENVIRONMENTAL TRAGEDIES.  
ENDANGERED SPECIES AND  
HUMAN ACTIVITIES ARE THE  
ECOLOGICAL PLIGHT OF GREAT  
IGNORANCE AND LOSS.**

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**WHAT IS THE DIALOGUE?  
(COMPLEX ISSUES)**

**I TALK ABOUT HARVESTING LUMBER AND  
FUEL WOOD. MY BROTHER CALLED IT  
DESTRUCTION OF WILDLIFE WITH  
FORESTS; BUT FOR MY SISTER, IT IS A  
MATTER OF FINDING FOOD AND SURVIVAL.  
SHE DOESN'T CARE ABOUT THE SPOTTED  
OWLS, ACID RAIN, SPORTS UTILITY VEHICLES,  
SUSTAINABILITY OR ENVIRONMENTAL  
PROTECTION. "LIVE FAST AND DIE YOUNG."  
IS HER MOTTO.**

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**THE ENVIRONMENTAL WORLD  
STARTS FROM MY IMMEDIATE  
SURROUNDINGS: HOUSE,  
SCHOOL, CHURCH,  
TOWN, NEIGHBORHOOD,  
COMMUNITY, REGION,  
STATE.**

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**DIALOGUE AND NOT MONOLOGUE**

**TO PERCEIVE, PROTECT AND CURTAIL  
THE WIDESPREAD IGNORANCE AND  
ILLITERACY WE HAVE ABOUT NATURAL  
RESOURCES, THE WORLD NEEDS A  
TRANSFORMATION OF SCHOOLS TO  
EDUCATE FUTURE CITIZENS ABOUT  
A NEW DEMOCRACY REFLECTING  
FORUMS FOR ENVIRONMENTAL  
EDUCATION.**

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**LAND, AIR, WATER AND  
SUNLIGHT MANIFEST THE  
PRECARIOUS SITUATION  
BETWEEN ECONOMIC  
DEVELOPMENT AND  
NATURAL RESOURCES.  
ECONOMIC ASPECTS MUST NOT  
PUT TREMENDOUS PRESSURES  
ON NATURAL RESOURCES'  
SUSTAINABILITY.**

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**IF YOUR BEHAVIOR AND LIFESTYLES HURT OR AFFECT OTHERS AND THE ENVIRONMENT, PLEASE, ADJUST YOUR ATTITUDE AND MAKE ENVIRONMENTAL EDUCATION A PUBLIC AFFAIR.**

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105

**ONLY WE OURSELVES SHOULD BE RESPONSIBLE FOR THE PROBLEMS OF OUR ENVIRONMENT. LET'S FOCUS OUR ENERGY ON LAND, FRESH AIR, CLEAN WATER, JUSTICE AND HUMAN RIGHTS.**

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**WORK WITH OTHERS, ATTEND LOCAL COMMUNITY MEETINGS. TALK TO GOVERNMENT OFFICIALS ABOUT OUR SCHOOLS, STREETS, PLAYGROUNDS, LIBRARIES, SOCIAL ISSUES, AND DO NOT BE MEAN OR SELFISH.**

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**BE ACTIVE IN YOUR GOVERNMENT, VOTE. DISCUSS ENVIRONMENTAL EDUCATION WITH POSITIVE APPROACHES. INVITE PROFESSIONALS, PUBLIC OFFICIALS, BUSINESSMEN, EDUCATORS TO INITIATE ACTION PROGRAMS ABOUT POLLUTION PREVENTION IN YOUR COMMUNITIES.**

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**HOLD DISCUSSIONS AND  
LEARN MORE ABOUT:**

- BIOLOGY**
- GEOGRAPHY**
- GLOBAL WARMING**
- RIVERS/ LAKES/ OCEANS**
- ENVIRONMENTAL PROBLEMS**
- LOCAL AND INTERNATIONAL  
POLLUTION.**

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**AVOID INTIMIDATION,  
DISCOURAGEMENT AND  
RUDENESS. STATE THE FACTS  
AND BE POSITIVE ABOUT THE  
"DIALOGUE" OF THE WORLD  
ENVIRONMENT. NO ONE  
KNOWS EVERYTHING ABOUT  
OUR ENVIRONMENT.**

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**SOMETIMES EXPERTS WALLOW  
IN DESPAIR, BUT YOU MUST  
SEE SMALL VICTORY OR BIG  
SUCCESS WHEN YOU TALK  
ABOUT LAND, AIR, WATER  
AND THE SUNLIGHT.**

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**"OLD HABITS DIE HARD"**

**STRIVE TO IMPROVE THINGS  
BETTER THAN YOU FIND THEM.  
CLEAN PUBLIC PLACES, RECYCLE  
EVERYTHING IF POSSIBLE.  
AVOID PAPER, WATER, OIL,  
ELECTRICITY, FOOD AND OTHER  
WASTES. MAKE BOLD MOVES AND  
TAKE CONTROL OF POLLUTION  
PREVENTION IN YOUR  
NEIGHBORHOOD.**

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**AVOID WARS. USE DIALOGUE.**

**GUNS AND GUNPOWDER  
ARE LIKE LEAD IN PAINTS.  
THEY ARE DANGEROUS.  
THEY PRODUCE NOISE AND  
POLLUTE THE EARTH.**

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**IN HANDLING WATER,  
BEWARE OF:**

- INDUSTRIAL DISCHARGE**
- MUNICIPAL SEWAGE**
- FACTORY AND THERMAL  
DISCHARGE FROM POWER  
PLANTS.**
- NUCLEAR WASTES.**

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**WHEN BOATING, AVOID  
EMPTYING OIL TANKS INTO  
RIVERS/ LAKES/ OCEANS.  
USE A HOLDING TANK.**

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**EVERY COMPANY HAS INTERNAL RULES  
AND REGULATIONS FOR ITS BUSINESS  
PRACTICES. WHAT ARE YOUR  
ENVIRONMENTAL PRINCIPLES WITH:**

- CARDBOARD.**
- OFFICE PAPER.**
- ALUMINIUM.**
- WIRE CATRIGDE (CAN).**
- MOTION SENSOR LIGHT CONTROL.**
- PAPER TOWELS OR HANDKERCHIEVES.**
- PORCELAIN OR PLASTIC AND PAPER  
CUPS?**

**PLEASE RECYCLE EVERYTHING.**

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**THINK GLOBALLY AND ACT  
LOCALLY. A SINGLE TREE DOES  
NOT MAKE A FOREST, NEITHER A  
SINGLE NATION LIVES BY ITSELF.**

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**AVOID WARS, MAKE FRIENDS.  
YOUR COUNTRY NEEDS OTHER  
COUNTRIES TO PROMOTE  
ENVIRONMENTAL  
PROTECTION.**

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118

**INTERNATIONAL TRADE IS A  
GOOD WAY TO TEACH  
ENVIRONMENTAL EDUCATION.**

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119

**THERE IS NO SUCH THING AS  
BAD OR GOOD WEATHER.  
MAN HAS NO CONTROL OF THE  
WEATHER SO, TAKE WHATEVER  
GOD SENDS AND MAKE THE  
BEST OUT OF IT.**

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**WHAT IS MORE IMPORTANT AND  
GOOD FOR THE ENVIRONMENT?**

- DIALOGUE / WAR.
- SOLAR ENERGY / FOSSIL FUEL.
- DOING GOOD / LOOKING GOOD.
- GUNBOAT DIPLOMACY / ORANGE  
JUICE AND  
COFFEE  
DIPLOMACY.
- REGIME CHANGE / FREE AND FAIR  
DEMOCRATIC  
ELECTION.

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**DON'T BLAME THE WEATHER  
FOR YOUR FAILURES. THERE  
IS ALWAYS ANOTHER  
TOMORROW.  
CHANGE YOUR PLANS AND  
WAIT FOR GOD'S TIME.**

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**BE PATIENT, FLEXIBLE AND  
SURE. THE WEATHER  
DETERMINES YOUR MOTIONS,  
NOT POLITICIANS.**

**WHAT CAN YOU DO IN A  
FLOOD OR DROUGHT?  
PERHAPS, MOVE TO A  
BETTER PLACE.**

**DIALOGUE:**

Why do people migrate?  
-Political reasons.  
-Economic benefits.  
-Natural disasters.

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123

**WHO HAS TRAVELED THROUGH  
LIFE WITHOUT SUNLIGHT,  
AIR AND WATER?**

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124

**NOWADAYS, SUNLIGHT AND  
AIR ARE FREE FOR US, BUT  
NOT LAND AND WATER.  
DO YOU FORSEE ANY TAX  
ON AIR AND SUNLIGHT  
IN YOUR LIFETIME?**

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**OUR NEEDS ARE DIFFERENT  
FROM WHAT WE WANT.  
WE NEED LAND, AIR,  
WATER AND SUNLIGHT.  
YOU MAY WANT A TV SET,  
RADIO OR A SPORT  
UTILITY VEHICLE.**

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**EVERY GENERATION DESTROYS  
PART OF THE EARTH AND  
RE-DEFINES THINGS,  
GIVES THEM NEW NAMES.  
WHAT WILL BE YOUR LEGACY?  
GENETICALLY ALTERED CROPS  
OR SPACE CRAFTS SPEWING  
UP TONS OF SMOKE  
INTO THE ATMOSPHERE.**

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**VOLUNTARILY, SUNLIGHT  
COMES FROM ABOVE (SKY).  
CONTRARILY, FOSSIL FUEL  
IS FORCED OUT OF THE  
GROUND BY HUMANS.  
THE DIFFERENCE BETWEEN  
THE TWO PROCEDURES IS  
GLOBALWARMING WILL LEAD  
US TO THE UNKNOWN**

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**THE LONGER YOU ARE EXPOSED  
TO THE SUNLIGHT, THE MORE  
VITAMIN K YOUR BODY  
RECEIVES. JUST KNOW THE  
RIGHT AMOUNT TO ABSORB.  
WINTER HAS SOME  
SUNNY DAYS TOO.**

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129

**THE SUN SHINES EQUALLY  
FOR EVERYONE, SOME PEOPLE  
USE IT AS A SOURCE OF  
DISINFECTANT,  
OTHERS USE IT AS DAYLIGHT  
SAVING TIME TO MAXIMIZE  
LABOR AND SAVE ELECTRICITY.**

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130

**UNLESS YOU TELL PEOPLE WHAT  
IS GOOD OR BAD ABOUT THE  
ENVIRONMENT, THEY WON'T  
EVER CHANGE THEIR  
LIFESTYLES.**

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131

**BE PREPARED AND READY FOR  
DIALOGUE OR A DEBATE, ALWAYS  
ANTICIPATE FUNNY AND STRANGE  
QUESTIONS INCLUDING THOSE  
YOU KNOW THE ANSWERS  
AND SOME YOU DON'T EVEN  
WANT TO HEAR. THINK FAST  
AND BE SLOW TO SPEAK.**

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132

**GOD TOOK MANY DAYS TO  
CREATE THE ENVIRONMENT.  
TO PROTECT IT, WE NEED  
MORE THAN DAYS.  
BE BOLD AND WILLING WITH  
AN OPEN MIND.**

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133

**DO YOUR HOMEWORK. GET THE  
FACTS. LEARN AND  
UNDERSTAND WHAT YOU CAN  
DO TO STOP GLOBAL WARMING.  
COMMUNICATE EFFECTIVELY  
IN GOOD AND BAD TIMES.**

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134

**WHEN YOU CREATE A VACUUM  
IN ENVIRONMENTAL POLICY, IT  
WILL BE FILLED BUT NOT  
PERFECTLY OR NECESSARILY  
THE WAY YOU WOULD LIKE.  
EVERY SITUATION IS DIFFERENT.**

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135

**THE SOLUTION TO GLOBAL  
WARMING IS IN CHANGING  
OUR LIFESTYLES. WE NEED  
COURAGE, TRUTH, BELIEF  
AND TOLERANCE; NOT FEAR,  
DENIAL AND ARROGANCE.**

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136

**GLOBAL WARMING IS LIKE  
AN ONION. WHEN YOU PEEL  
THE FIRST LAYER, YOU  
COME TO THE NEXT ONE.  
PEEL ANOTHER LAYER AND YOU  
MAY HAVE TEARS IN YOUR EYES.**

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137

**THE DIFFERENCE BETWEEN  
POLICIES AND THE LAWS IS  
ACTION. WE MUST JUSTIFY  
OUR ACTS IN LIFE.**

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138

**CONTAINER-SHIPS AND  
AIRPLANES DON'T SAIL  
OR FLY IN A VACUUM.  
THEY NEED WATER AND AIR,  
YET THEY LEAVE TONS OF SMOKE  
AND TRASH TO POLLUTE  
THEIR PASSAGE WAYS.**

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139

**CLEAN ENVIRONMENT BREEDS  
SUCCESS WITH HAPPINESS,  
THEN HAPPINESS  
COMES WITH SELF-ESTEEM  
AND FREEDOM.**

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140



**DO WHAT IS GOOD FOR  
THE ENVIRONMENT NOT  
WHAT YOU ARE TOLD OR  
WHAT EVERYBODY  
ELSE IS DOING.**

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141

**NEVER THINK MAN CAN  
FOREVER CONTROL THE  
ENVIRONMENT (NATURE)  
WITH TECHNOLOGY. MONKEYS,  
BEARS, EAGLES AND OTHERS  
LIVE BY NO MEANS OF  
TECHNOLOGY.**

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142

**NATURE OR THE ENVIRONMENT  
IS ALIVE.  
DON'T KILL IT, RATHER  
NOURISH IT.**

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143

**WHY SEARCH FOR HAPPINESS  
ON THE MOON OR MARS  
WHEN YOU CAN FIND IT  
ON EARTH.**

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144

**TO LIVE WITH OTHERS, YOU  
MUST TALK AND UNDERSTAND  
THEIR CULTURE.**

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145

**DANGER AND DEATH ARE THE  
RESULTS OF A NEGLECTED  
ENVIRONMENT.**

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146

**LOVE AND HAPPINESS ARE ALL  
LIKE SUNSHINE AND  
MOONSHINE.  
YOU CAN'T ENJOY NATURE  
WHEN YOU DO NOT LEAVE  
YOUR ROOM.**

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147

**THERE IS NO SHORTCUT FOR  
THE SUNLIGHT TO REACH YOU.  
BE PATIENT AND WAIT  
FOR THE DAYLIGHT.**

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148

**WATER IS LIKE A KISS, NOT  
LIKE THE SUNLIGHT THAT  
SHINES FOR EVERYONE.  
YOU MUST GO FOR IT OR  
SOMEONE MUST  
GIVE IT TO YOU.  
IT WON'T COME TO YOU.**

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149

**IN A DIALOGUE, YOU LEARN  
WHEN YOU LISTEN WITH YOUR  
OPENED MIND, EVEN WITH  
YOUR CLOSED EYES.**

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150

**WITHOUT THE SUN, THERE  
WILL BE NO DAYLIGHT  
AND PLANTS.**

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151

**EATING, LIVING OR GROWING  
IS MAKING USE OF LAND, AIR,  
WATER AND SUNLIGHT  
(THE LAWS).**

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152

**REGARDLESS OF HOW MUCH  
OR LITTLE SUNLIGHT WE HAVE  
TODAY, WE WILL STILL HAVE  
MORE IN THE FUTURE AND  
IT COMES FREE TO US.**

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153

**LIFE WITHOUT SUNLIGHT IS  
UNIMAGINABLE, WHILE LIFE  
WITHOUT WATER IS  
IMPOSSIBLE.**

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154

**A MAN WITHOUT DAYLIGHT  
LIVES IN CONFUSION, FEARS  
DARKNESS AND GROWS  
NOTHING.**

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155

**THE SUN DOES NOT SHINE  
ALL DAY. USE IT NOW OR ELSE  
IT WILL GO AWAY SOON.**

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156

**THE GOOD THING ABOUT LAND,  
AIR, WATER AND SUNLIGHT IS  
THAT THEY GIVE US FLOWERS,  
BUTTERFLIES, ZEBRAS AND  
EVERYTHING WE LIKE  
OR DON'T.**

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157

**HOW CAN NATURE OWE YOU  
HAPPINESS IF OR WHEN YOU  
DON'T RESPECT THE  
ENVIRONMENT?**

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158

**EMOTIONS DON'T SOLVE  
PROBLEMS, REVENGE DOESN'T  
BRING HAPPINESS.  
FORGET WITH FORGIVENESS  
BRINGS PEACE OF MIND.**

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159

**YOU CAN LISTEN TO EVERYONE  
YOU MEET; BUT, YOU DO NOT  
HAVE TO LEARN FROM  
ALL OF THEM.  
BE YOUR OWN TEACHER.**

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160

**HE WHO HAS NEVER BEEN POOR  
KNOWS NOT WHAT POVERTY IS,  
SHE WHO HAS NEVER BEEN  
HUNGRY FEELS NOTHING  
IN HER STOMACH.**

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161

**NOTHING YOU SHOW, SAY OR  
DO IS MORE IMPORTANT  
THAN YOUR REACTION  
AND ATTITUDE.**

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162

**YOU CAN'T SEE TODAY'S  
SUNLIGHT TO PLAN FOR  
TOMORROW. IT MAY RAIN  
OR THE SUN WON'T  
EVEN COME UP.**

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163

**DON'T ALWAYS EXPECT  
RETURNS FOR YOUR  
KINDNESS, THERE ARE  
UNGRATEFUL PEOPLE.**

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164

**START YOUR DAY WITH A  
PRAYER, A GLASS OF WATER  
AND HOPE. FINISH IT WITH A  
SMILE AND THANKS AS AN  
ACHIEVEMENT.**

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165

**YOUR LIFESTYLES WHICH  
MAKE YOU PROUD AND  
POPULAR KILL THE  
ENVIRONMENT.**

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166

**WINTER OR THE RAINY  
SEASON IS LIKE A GANGRENE,  
GET USED TO IT AND FACE IT.  
BUT, IT'S GOOD FOR PLANTS.**

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167

**LIVING HIGH IS THE TROUBLE  
WITH "GLOBAL WARMING"  
AND EVERYONE PAYS FOR  
YOUR LIFESTYLES.**

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168

**THE EXCITEMENT OF YOUR  
RENEWED EFFORT IS THE  
ENVIRONMENT YOU WOULD  
LEAVE FOR YOUR CHILDREN.  
YOU, TOO, INHERITED ONE.**

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169

**HOW CAN YOU ENJOY LIFE  
WITHOUT CHANGING YOUR  
MIND OR LIFESTYLES?  
ATTITUDE IS EVERYTHING.  
VIGOR AND ENTHUSIASM  
COME AFTER.**

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170

**YOUR BEHAVIOR, MY ATTITUDE  
AND THEIR REACTIONS ARE  
WHAT OUR COMMUNITY  
DEVELOPMENT IS ABOUT.**

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171

**A GREAT TOMORROW IS HOW  
YOU PLAN TODAY. ONE WRONG  
STEP MAY TAKE YOU BACK  
TO YESTERDAY.  
TIME IS WASTED.**

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172



**TODAY YOU MAY ABUSE AND  
IGNORE THE ENVIRONMENT.  
YOUR CHILDREN WILL PAY  
AND SUFFER FOR YOUR  
IGNORANCE TOMORROW.**

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173

**NOTHING IS FREE ON EARTH.  
YOU CAN'T FIND HAPPINESS  
AND LONG LIFE WITHOUT  
SEEKING THEM.  
THEY MUST BE EARNED.**

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174

**FULFILLMENT AND CONTENTMENT  
ARE NOT IN TECHNOLOGY BUT  
IN SIMPLE ORDINARY LIVING.  
TALK TO THE AMISH PEOPLE.**

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175

**LIFE IS NEVER MEANT TO BE  
EASY. A SMILE WITH THE  
RIGHT ATTITUDE TAKES  
YOU TO SUCCESS, NOT FAILURE.**

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176

**LOVE IS PHYSICAL ATTRACTION,  
THEN COMES MANAGEMENT  
FOLLOWED BY LAUGHTER AND  
TEARS. LOVE IS A LOSE OR WIN  
BUSINESS, NO GUARANTEE.**

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**ADVERSE WEATHER FORCES  
YOU TO THINK HARDER, POOR  
HARVEST AND HARDSHIP TAKE  
YOU CLOSER TO YOUR CREATOR.**

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**GOOD LEADERS ARE ALSO:**

- **GOOD LISTNERS**
- **" MANAGERS**
- **" SPEAKERS**
- **" PREACHERS**
- **" TEACHERS**
- **" MASTERS**
- **" MANNERED**
- **" DEAL MAKERS.**

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179

**LIVING IN A SKYSCRAPER OR  
ON A HILL DOESN'T MAKE YOU  
ANY SAFER FROM FLOOD OR  
DROUGHT. WATER AND FOOD  
COME FROM THE VALLEY.  
IN FACT, WHERE'S YOUR  
FREEDOM IF YOU CAN'T  
DESCEND OR EXIT?**

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180

**GLOBAL WARMING HAS PASSED  
THE LEVEL OF IMAGINATION,  
REALITY IS HERE NOW.  
THIS IS THE TIME TO ACT.**

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181

**DOCUMENTARY IN  
CINEMATOGRAPHY IS A  
POWERFUL INSTRUCTOR, BUT  
ACTION AND QUICK ACTION  
IS WHAT THE ENVIRONMENT  
NEEDS FROM US.**

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182

**SUNLIGHT, FRESH AIR PLUS  
CLEAN WATER IS YOUR  
NATURAL CHARM, NO MAGIC.  
MAKE GOOD USE OF THEM  
FOR YOUR COMFORT.**

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183

**MAN MUST NOT BE A  
STUMBLING BLOCK TO  
ENVIRONMENTAL EDUCATION.  
BE WISE AND A  
KNOWLEDGEABLE FACILITATOR.**

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184

**THERE ARE SOME PEOPLE WHO  
DON'T CARE ABOUT OUR  
PLANET. TALK OR GET FRIENDS  
TO DIALOGUE WITH THEM.  
COMMUNICATION IS THE  
KEY TO SUCCESS.**

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185

**THERE IS NO EDUCATIONAL  
WISDOM WITHOUT PAIN. IT  
TAKES MORE COURAGE, FOCUS  
AND CONTROL TO TEACH OR  
LEARN NEW LIFESTYLES.**

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186

**WE WANT TO CHANGE  
EVERYTHING GOD MADE  
TO MAKE OUR LIVING EASY,  
NOT KNOWING WE CAN'T LIVE  
OUTSIDE THE ECOSYSTEMS.**

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187

**MORE THAN HALF OF THE  
WORLD HAS NO CREDIT  
CARD OR TECHNOLOGY;  
YET, IT LIVES ON THE LAND,  
AIR, WATER AND SUNLIGHT  
WITH LESS STRESS THAN  
CARD HOLDERS.**

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188

**THE GREATEST SECRET OF LIFE IS  
NOBODY PAYS FOR SUNLIGHT,  
NEVERTHELESS, IT IS THE  
ULTIMATE REGULATOR OF  
OUR ENVIRONMENT.**

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189

**DIPLOMACY IS THE ART OF  
PERSUADING SOMEONE TO  
COOPERATE; THINGS DO GO  
WRONG SOMETIMES AND  
CHANGES IN CIRCUMSTANCES  
ARE INEVITABLE. NEVERTHELESS,  
GOOD DIPLOMACY IS  
RECIPROCITY NOT A VETO.**

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190

**MOST PEOPLE BELIEVE IN FAITH  
AND CULTURE, BUT DOUBT IF  
THEY CAN LIVE WITHOUT  
WATER, AIR AND SUNLIGHT.**

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191

**YOU NEVER KNOW TOMORROW'S  
WEATHER. PLAN CAREFULLY,  
THE SUN OR THE RAIN  
MAY NOT COME.**

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192

**OUR VALUES, HUMANITIES  
AND CULTURES DEPICT  
EVERYTHING. THIS  
EVERYTHING IS OUR  
LAND, AIR, WATER AND  
SUNLIGHT MEANING THE  
"LAWS" OF NATURE.  
PLEASE, PROTECT THEM  
FOR OUR CHILDREN.**

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193

**POPULATION DENSITY COULD  
BE AS HARMFUL TO RICH  
COUNTRIES AS TO POOR.  
SOCIAL DISTURBANCES ARE  
THE RESULTS OF A CROWDED  
ENVIRONMENT: SMOG, NOISY  
NEIGHBORHOODS, VULGAR  
MUSIC, TRAFFIC JAMS, SLUMS  
AND SHANTY TOWNS.**

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194

**HUMAN RELATIONSHIPS  
WITH LAND, AIR, WATER  
AND THE SUNLIGHT ARE  
OUR ULTIMATE SOURCES  
OF RELIGION, BEAUTY,  
CULTURE AND HAPPINESS.**

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**SOCIETY WOULD NOT BE  
REFORMED BY REGIME-CHANGE.  
INSTEAD, ECONOMIC  
CONSIDERATIONS TO  
MAN'S NEEDS, EQUALITY  
OF OPPORTUNITIES,  
FREEDOM OF RELIGION  
AND HUMAN RIGHTS.**

**MAN NEEDS A NEW  
SOCIAL RELIGION.  
GENESIS 2:15**

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196

**TECHNOLOGICAL ACHIEVEMENTS  
HAVE CREATED DILEMMAS FOR  
US. INNOVATIONS HAVE  
NEGATIVE OR POSITIVE  
CONSEQUENCES. NOISE,  
TRAFFIC JAMS, POLLUTION,  
EXCESS PRODUCTION OF  
GOODS, NUCLEAR BOMBS...  
NEW PROBLEMS ARE CREATED WHILE  
TRYING TO SOLVE THE OLD ONES.**

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197

**THE BASIS OF ALL LIVES ON  
EARTH IS THE SOIL. COLD,  
FROST AND HEAT SPLIT ROCKS.  
WATER (S) WEAR IT  
WINDS ERODE IT  
BACTERIA EAT IT  
GLACIERS DRAG IT  
UNTIL IT TURNS TO SOIL.**

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**EVERY HOUSE IN A CITY  
MUST HAVE A SOLAR ROOF.  
IT IS SAD AND RIDICULOUS  
NOT TO USE HOT SUN AS OUR  
SOURCE OF ENERGY.**

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199

**HUMUS AND PARASITES.  
LIVING THINGS MUST DIE,  
DECAY AND BECOME COMPLETE  
SOIL TO GROW VEGETATION  
AND SUSTAIN EVERY ANIMAL'S  
LIFE ON LAND.**

**DIALOGUE:**

**CAN THERE BE LIFE WITHOUT DEATH?**

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200

**PLANTS FEED ANIMALS;  
ANIMALS FEED THE SOIL  
WITH THEIR MANURE AND  
THE LAND FEEDS THE PLANTS.  
ALL FORMS OF LIFE NEED A VAST  
HOST OF MICROSCOPIC ANIMALS.**

**DIALOGUE:**

WHAT IS MAN'S CONTRIBUTION?  
CHEMICALS?

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201

**BEWARE OF LOW OR HIGH PESTICIDES  
IN YOUR FOOD.**

**LOW**

AVOCADO  
ASPARAGUS  
BANANAS  
CABBAGE  
CORN  
BROCCOLI  
KIWI  
MANGO  
ONIONS  
PAPAYA  
PEA  
PINEAPPLES

**HIGH**

APPLES  
CELERY  
CHERRIES  
GRAPES  
LETTUCE  
NECTARINES  
PEARS  
PEARCHES  
PEPPERS  
POTATOES  
SPINACH  
STRAWBERRIES

**WORLD FOOD PRODUCTION IS UNDERGOING  
MASSIVE CHANGE.**

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202

**IN BENIN, TOGO, GHANA THERE IS  
IMMENSE SUFFERING.**

- RAIN SEASONS HAVE CHANGED.
- CROPS FAILED AND TREES PRODUCE LESS.
- FARMERS ARE PERTUBATED AND MIGRATED.
- CLIMATE CHANGE IS REAL AND IS HERE TO AFFECT RURAL/ URBAN AREAS.

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203

**ARE GOVERNMENTAL POLICIES  
HELPFUL TO MARKET VALUES  
OF NATURAL RESOURCES?**

**DIALOGUE:**

CUT DOWN ONE TREE AND YOU  
MUST PLANT TWO FOR  
REPLACEMENT.

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**DON'T REPLACE FORESTS AND  
WILDLIFE WITH SUGAR  
PLANTATIONS.  
USE THEM FOR ECO-TOURISM  
TO PROMOTE JOBS IN  
LOCAL SERVICES.**

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205

**BEEES POLLINATE PLANTS,  
CELLULAR PHONES DON'T.**

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206

**JOBS CAN BE CREATED  
SOMEWHERE ELSE; BUT OUR  
ENVIRONMENT CANNOT BE  
RE-CREATED ONCE IT IS LOST.  
SOIL AND FORESTS TAKE A  
LONG TIME TO BECOME  
WHAT THEY ARE TODAY.**

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207

**DON'T SACRIFICE FORESTS  
FOR JOBS, SUGAR, COFFEE AND  
TOBACCO PLANTATIONS. WE  
CANNOT LIVE WITHOUT THE  
BENEFITS FROM OUR FORESTS.**

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# WRITE YOUR OWN POSTERS

## Suggested Topics for Discussion

### **Farmers' Groups or Cooperatives**

- Farming/Agriculture
- Crops: sugar cane, palm trees, corn etc.
- Poultry
- Pig farming
- Fishery
- Credit Unions
- Woodwork shops
- Block making shops
- Sewing/Dressmaking and Tailoring shops
- Masonry/Stonework
- Barbering/Hair dressing
- Restaurant
- Vegetable garden

### **Community Development**

- Housing
- Street/Roads
- Education/School
- Public transportation/Train
- Supply and Demand
- Energy/Solar
- Water supply
- Democracy, Economic Freedom, Free Trade  
Globalization and Multinational Corporations
- Rural Development
- Electricity
- Water treatment
- Stress and distress in modern society
- Consumption and disposal
- City sprawl
- Security & Insecurity
- World Bank,
- International Monetary Fund (IMF)
- World Trade Organization (WTO)
- Nuclear Bomb

### **Public Health**

- Hygiene
- Aids prevention
- Malaria
- Nutrition
- Water purification
- Pre-natal care
- Family planning
- World food supply
- Food from Oceans, Lakes, and Rivers.
- Drug and Alcohol abuse, Homelessness
- Domestic violence
- Child Labor
- Stress in modern society

### **Environmental Studies**

- Re/Deforestation
- Organic farming
- Recycling
- Solar energy supply
- Air/water pollution
- Landfills
- Wind farms
- Wetland
- Environmental economics
- Natural resources economics
- Natural resources conservation
- Ecosystems
  - Population Dynamics
  - Agricultural land
  - Mineral use
  - Resources
  - Forestry
  - Grassland
  - Wildlife management
  - Pest and Pest control
  - Toxic and Hazardous wastes
  - Solid and liquid wastes
  - Pesticides

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**Elias Quist**

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For

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The ultimate purpose of this pamphlet is to educate and encourage dialogue in Environmental Studies. The author or publisher does not guarantee that anyone using our methods or techniques will cure the ills of the environment. Therefore, we will not be liable or responsible to anyone or group of people with regards to any damage or loss caused or alleged to be caused, mentally, directly or indirectly by the information contained in this pamphlet.

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Elias Quist is a man who loves nature, fishing and hunting. He is on a mission since 1988 to encourage the world to think critically about the natural resources the earth has provided us. The reflections within this booklet are positive, short, interesting and delightfully challenging to our lifestyles. I urge you to read all the allusions he made about our behavior towards the environment.

**Ekon, Koffi Sylvain.**  
CPA. Lome, Togo.

The reflections are short, good for busy and young people who do not have much time to read chapters. Everyone can spend less than five minutes on each poster as a reminder about his/her lifestyle that is contributing to global warming.

**Mary Nuku**  
Founder/ Principal, Central Academy,  
Accra, Ghana

In the “Environmental Food for Thought”, Elias takes the liberty to remind us that everything we have, do and eat comes from the earth. It is not how rich or poor we are; but how much “clean” Land, Air, Water and Sun energy we have is what matters.

**Forche, Christophe**  
Graduate Student, Northeastern Illinois  
University, Chicago.

The booklet has a collection of heart felt reflections on our relationship to the earth (environment). It serves me as a daily reminder of my stewardship towards a healthy environment. I like it very much.

**Lady McCauley**  
Educator, Firestone Co. Habel, Liberia.

Elias Quist is the Founder and Executive Director of the Global Institute of Environmental Studies, Inc. (GIES). ([www.giesseminars.org](http://www.giesseminars.org)) a 501(c) (3) Organization to promote Global Environmental Education.

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